

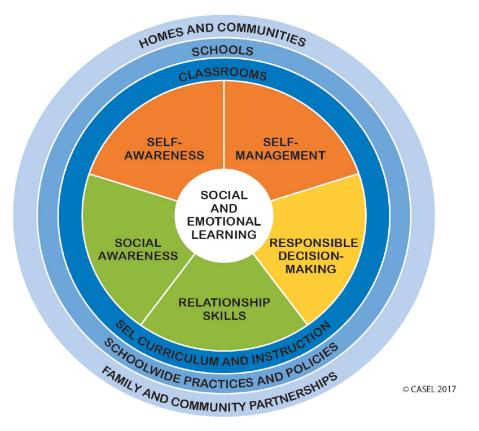
SEL/Mental Health Task Force Vision for 2020-2021

We will create safe school cultures that focus on personal, community, and societal well-being. We believe Social Emotional Learning is a critical priority that must be in place in order for our other work in schools to happen.

- We believe trauma-informed and culturally responsive teaching with a focus on race and equity is essential to a healthy and successful school community.
- We believe children, staff and families need to feel safe and connected. They need to be heard, seen and met where they are (physically & emotionally).
- We believe, in order to attend to the emotional & physical safety of our community, we must address racism and other forms of oppression.
- We believe we need to actively honor the identities of the members of our community including but not limited to: race, religion, gender, disability, LGBTQ+, and socioeconomic status.
- We believe this work requires an ongoing examination of our processes so that we have awareness of who benefits and who is not being served by our decisions and actions.

Connections @ 8:00-8:45 & 1:30-1:45

- Daily block devoted to Social Emotional Learning
- 8:00-8:45 to ground the day
- 1:30-1:45 to close the day
- Goal = to develop deep, meaningful relationships within a cohort even while six feet apart



Daily Opportunities for Leadership





Meet Someone New Monday



Children need windows and mirrors. They need mirrors in which they see themselves and windows through which they see the world."

RUDINE SIMS BISHOP,



#ANTIRACISTBOOKCLUB

Meet Someone New Monday





How is your class using Connections this year? Desribe the activities your class has done during this time. Include pictures if you can!

Sign Language

Question of the Day



Greet eachother and share out our answers and opinions

Discuss our Day Ahead

Schedule and unpack

homework talk

Movement **Breaks**

Go **Noodles**

5, 4, 3, 2,

Let's Flow

Yoga

Meditation

Directed Draw

Meditation Minutes

Draw what you hear

Share Days

Doodle

Tucaday

Picture this!

Listen

to

Music

Screenshot

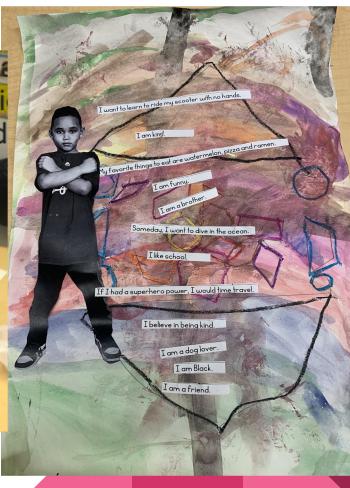
Connections Activities

- Mindfulness activities
- Read alouds of diverse books
- Teaching Tolerance Social Justice Standards
- iPad check in (Google form) to self-assess how we are feeling
- Community building games
- Thankful Thursday letters to community members
- Growth Mindset lessons
- Pillars of Character lessons

Social Justice Standards







Growth Mindset & Confidence Through Art



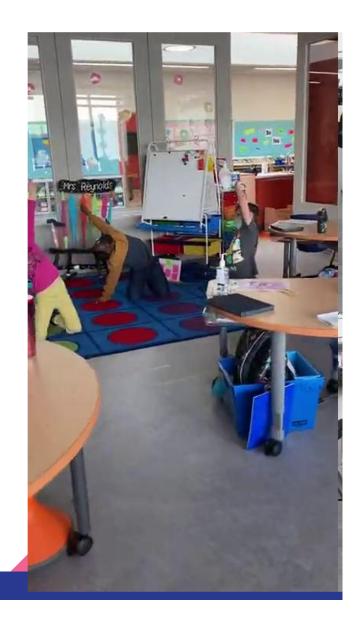
Community Building Through Art





Yoga to Promote Mindfulness







Is this time important during our school day? What is your opinion of Connections? Please use your name or state whether you are a student or staff member.

Connections is uninterrupted time together. It's the part of our day when we focus solely on strengthening our classroom community. Belonging and feeling valued are essential to learning. We strive to create a classroom community where everyone feels comfortable being their whole self.

-Mrs. Williams

It makes me feel
happy to do fun
things when we get to
school because
sometimes I'm sad.
But then we do our
feeling check and
listen to music and I
don't miss mommy
and daddy. -student

I like sharing my identity and making our paintings. -student

I like painting and doing activities. -student

I like when we read our class is a family. Our busy bee classroom is my school family. -student It's fun we do silly stuff. Mrs. Williams sings. -student

I like listening to music. -student

I like making my zones book.-student

I like connections because we learn about different people and how they make a difference in the world, like in Black History month. -student

Working together as a class. -student

We get to share our feelings and talk. It's fun. -student

Learn about other people. -student

Screenshot

Doing yoga together is fun! -student

I like telling jokes. -student

Is Connections an important part of your day?

"My name is Aniyah and I think connections is important because I love the mindful minutes mindful breathing mindful coloring and all the other stuff."

Third Grader



Is Connections an important part of your day?

- "I think Connections is fun because we get to do our morning check-in. We have fun doing that and we think about how we are feeling." First Grader, London
- "I enjoy having this time with the students to build connections and relationships. The laughter is the best part." Stacey Clarkin, 2nd Grade Learning Coach
- "I think it's pretty important. I mean it's really nice to know people are looking after you." Second Grader, Annelise, 2D
- "I think it is very important. I love seeing the students starting off their day with smiles, having fun, and team building." Ms. Justice, Second Grade Primary Learning Coach

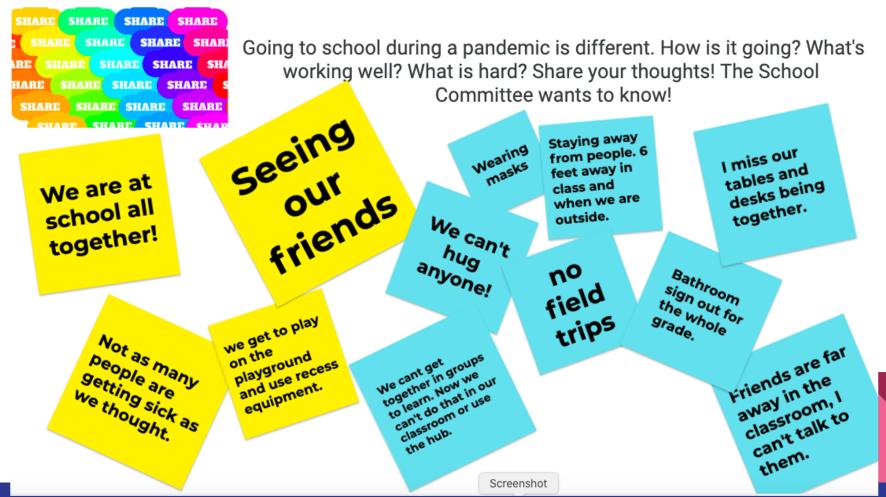
Is Connections an important part of your day?

- "Connections gives the students time to be social and learn about each other and themselves through reflection. It gives me time to explicitly teach important social skills, such as how to listen respectfully and be engaged in learning." Ms. Mitton, Second Grade
- "It is important because we let our teachers know what we need to work on and what we like." **Second Grader, Bryce**
- "My name is Alexandria and I think that connections is important because when I do mindful coloring it helps me calm down." Third Grader
- "My name is Finn. I think Connections is important because it gets you ready for the day." Third Grader
- "It's important because we get to learn more about each other." Third Grader

Is Connections an Important Part of Your Day?

- "Yes because when you get to school you can be tired or hyper and connections allows us to relax and calm down to get ready for the day." Mia, Grade
- "I also love the time for drawing, it helps me calm down in the morning and starts my day off right." *Third grader*
- "I love connections because I love greeting my classmates and hearing their opinions on the question of the day." *Mrs. Reynolds, Grade 3 Teacher*
- "As a teacher, I believe this is the most important part of our school day. It
 "sets the tone" for self-regulation and optimal learning. It is a time investment
 in that when you dedicate the time to these practices, you maximize the
 learning time later in the day." Mrs. Shaw

Mrs. Eisenmann's Grade 3



What's Hard?

"It is hard to stay apart from each other and it is hard to wear a mask. It makes it hard to talk to each other and be able to hear what your friends are saying." Ava, Kindergarten



Going to school during a pandemic is different. How is it going? What's hard?

- "This school year is different because you need to wear a mask and stay six feet apart. That's hard but wearing a mask isn't that hard." *First Grader, Gia, 1TS*
- "It's hard not being able to play with friends from different classes." Second Grader
- "It's hard wearing a mask all day." Second Grader
- "It is hard to wear a mask all day and stay six feet apart. It is a challenge for others to know what you are trying to express without being able to see your face (especially when reading). Feeling worried about becoming ill is stressful." Ms. Keane, Grade 2
- "It's hard when the technology doesn't work." Second Grader
- "It's hard not going to specials. I miss going to the art room, the gym and playing with instruments." Second Grader
- "The pandemic is ok but staying away from friends is hard." Second Grader, Angle,
 2K

Going to school during a pandemic is different. How is it going? What's going well?

- "I like getting out of the house." **Second Grader**
- "I like talking to people who aren't my brothers and sisters." Second Grader
- "I like eating lunch in the classroom." Second Grader
- "...it is going better than expected. A strong classroom community has been created." Ms. Keane
- "First grade is still really fun." First Grader, Grant, 1TS
- "I like being in a small class." Second Grader
- "What's working well is that people don't get sick too often." Second Grader, Hunter, 2K
- "Students are more connected with each other than I expected. Small class sizes helps us to know each student well. Even with movement breaks, it is very challenging to have students in their desks for so long." Ms. Mitton, 2nd
- "We are at school all together!" *Third Grader*

